WearCoach

LEADING THE WAY IN

WEARABLE TECHNOLOGIES

FOR SPORTS COACHING

ABOUT THE PROJECT

WEARCOACH brings wearable technology into coach education and daily training practice. Through joint research, tailored training materials and a user-friendly mobile application, the project helps coaches track real-time performance data, give evidence-based feedback and better support athlete development.

FIVE PROJECT RESULTS

01 **Research Report**

02 **Training Programme**

03 **Self-Assessment Toolkit**

04 **Mobile Application**

05 **Pilot Testing**

THE PARTNERSHIP

Wellnist Academy
Türkiye · Coordinator

Focus Coaching Academy
Türkiye

Vidisport OÜ
Estonia

Oslo Orcas IF
Norway

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