ABOUT WEARCOACH

WEARCOACH brings wearable technology into coach education and daily training practice.

Through joint research, tailored training materials and a user-friendly mobile application, the project helps coaches track real-time performance data, give evidence-based feedback and better support athlete development.

WHAT WE DEVELOP

Five practical results, free to use for coaches and sports organisations across Europe:

Research report · Training programme · Self-assessment toolkit · Mobile application · Pilot testing

GET INVOLVED

Join our webinars and workshops, test the training materials and the mobile application in the pilot phase, and share the results with your club or federation.

CONTACT

wearcoach.sports4.eu

welln.ist · focuscoachingacademy.com
vidisport.net · orcasif.com

Scan to learn more about our project

Co-funded by the European Union

WearCoach

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LEADING THE WAY IN WEARABLE TECHNOLOGIES FOR SPORTS COACHING

- 01 Research Report
- 02 Training Programme
- 03 Self-Assessment Toolkit
- 04 Mobile Application
- 05 Pilot Testing

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Erasmus+ Sport
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THE CHALLENGE

Wearable devices collect rich performance data, yet many coaches lack the knowledge, skills and confidence to interpret that data and apply it in their coaching. WEARCOACH addresses this gap.

OUR OBJECTIVES

30 **coaches trained**
to use wearable technologies effectively in their coaching

50 **coaches in pilot testing**
of the technologies and training materials

50+ **sports organisations and professionals**
across Europe reached with the project results

WHO IT IS FOR

- Coaches and coaching professionals
- National sports governing bodies and coaching associations
- Athletes and parents
- Policymakers and sports organisations
- Sports technology companies and start-ups
- Researchers in sports coaching and technology

Coaches and sports organisations are invited to our workshops, webinars and pilot testing.

THE PARTNERSHIP

Wellnist Academy
Türkiye · Coordinator

Focus Coaching Academy
Türkiye

Vidisport OÜ
Estonia

Oslo Orcas IF
Norway

Erasmus+ Sport small-scale partnership
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